

# Scottish Partnership for Palliative Care Conference

## The Space Between

Wednesday 6th November 2024  
John MacIntyre Centre, Edinburgh University  
(5 CPD Points tbc)



Draft

Time	Who	Title	Description
9.30	<b>Mark Hazelwood</b> CEO, SPPC	Opening	Welcome, scene-setting and practicalities
9.50	<b>Mhoira Leng</b> Head of Palliative Care, Makerere University, Uganda, and Co Founder, PallCHASE (Palliative Care in Humanitarian Aid Situations and Emergencies)	Humanity and hope; palliative care in the midst of conflict	Over the past ten years the number of internally displaced persons has risen to 41 million and the number of refugees has doubled to 26 million. This session will challenge us to think about palliative care from a global perspective. Moira will share some of the barriers and positive achievements in addressing suffering in the most difficult of circumstances.
10.25	<b>Sarah Yardley</b> Associate Professor in Palliative Medicine, Marie Curie Palliative Care Research Department, University College London	What do people do in the spaces between? The value of redeeming relationship-centred practices throughout healthcare systems	Healthcare systems should provide not just what is 'safe' but also what is 'good'. Prioritising patient-defined needs can create tensions with safety standards, while failure to consider these can result in avoidable harms. System (re)design rarely acknowledges this.  An effective system is one in which shared understanding leads to shared practices to deliver safe care because people are relationally connected and committed to mutually agreed outcomes.
11.00	<b>Break</b>		Coffee, posters, exhibitions, networking

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11.30	<b>Simon Noah Etkind,</b> Assistant Professor of Palliative Care, University of Cambridge	Uncertainty – challenge and opportunity	<p>Uncertainty sometimes results from a lack of information, or a communication deficit that can be addressed. However there are many uncertainties in serious illness that we will never be able to eliminate.</p> <p>But uncertainty doesn't always have to be distressing. If we can enable people to appraise uncertainty differently, or tolerate uncertainty better ourselves, then much of the distress associated with uncertainty, and its potential wider impacts on decision making and care planning, could be ameliorated.</p>
12.00	Speakers TBC	The space between reaching and not reaching – exploring ways to tackle exclusion and disadvantage	<p>In this session several speakers will share examples of successful work which has tackled different types of exclusion and disadvantage.</p> <p>As a panel the speakers will answer questions and compare experiences of enablers and barriers to service access and more equitable outcomes.</p>
1.00	Lunch		
2.00	<b>Poster authors</b>	Short Stories	7 quick fire presentations of innovative work selected from amongst submitted posters.
2.45	Delegates move to next session		
3.00	<b>Parallel Sessions</b>		

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A	<p><b>Sarah Yardley</b> Associate Professor in Palliative Medicine, Marie Curie Palliative Care Research Department, University College London</p>	<p>Getting prescription medications right at home, in hospital &amp; hospice – how can we improve patient safety and confidence?</p>	<p>Come to this session if you believe there are better ways to design systems that get the right palliative medications, at the right time, with the right support, in the right place to the right person.</p> <p>The workshop will be interactive, guiding you through different ways to apply the evidence from a recent study according to your role(s) in the healthcare system.</p>
B	<p><b>Usha Grieve</b> Director of Partnerships &amp; Services at Compassion in Dying</p>	<p>Theory and practice in future care planning - learnings from a public helpline</p>	<p>What challenges do the public face in planning for end of life? We all know planning is not a panacea for a good experience when dying, so how does it help in reality? Where people have engaged in planning, how good is the system at actually respecting their preferences?</p> <p>This will be an interactive conversation exploring the helpline's research findings and attendees' experiences, considering how best to drive changes for the public and across systems.</p>
C	<p><b>Kate Clark</b> Co-founder/Trustee of Scotland-wide Pushing Up the Daisies charity</p> <p><b>Dietmar Hartmann</b> Trustee of Pushing Up the Daisies charity</p>	<p>Between the last breath and the funeral</p>	<p>When someone close to us dies we have choices about what happens next. This session explores the impact of the choices made in the space between a last breath and a funeral. There can be benefits in people staying close to their relatives until they are ready to let go. Would you consider suggesting a relative look after a person's body at home for a few days? Do health professionals have a duty to explain the choices available to bereaved relatives?</p> <p>The presenters will cover the legalities and practicalities of being close to this often hidden space between a last breath and a funeral. <a href="http://pushingupthedaisies.org.uk">pushingupthedaisies.org.uk</a></p>

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D	<p><b>Juliet Spiller</b> Consultant in Palliative Medicine, Marie Curie Hospice Edinburgh</p> <p><b>Anne Finucane</b>, Marie Curie Senior Research Fellow, University of Edinburgh</p> <p><b>Hilary Nailon</b>, Research Nurse, Marie Curie Hospice Edinburgh</p>	Multicomponent approaches to managing delirium in palliative care	In this session we will describe the latest evidence regarding delirium management in palliative care; introduce the 4AT for routine delirium assessment; explore ways of implementing good delirium care in practice; and share video resources for patients, families and health care professionals.
3.50	<b>Delegates Return to Main Auditorium</b>		
4.00	<p><b>John Swinton</b> Professor in Practical Theology and Pastoral Care School of Divinity, History and Philosophy, King's College University of Aberdeen</p>	Presence and absence towards the end of life	Presence is the foundation of relationship and so a vital part of care towards the end of life. But many things can interfere with presence and erode connection, leaving a space between us. What can be done?
4.25	<b>Mark Hazelwood</b>	Thanks and close	
4.30-6.00	<p><b>Everyone is Invited</b></p> <p>(featuring music from <b>Giorgos Tsiris</b> Director of Education, Research &amp; Creative Arts, St Columbas Hospice, and others)</p>	Bacharach, Boogie, Beer, Bordeaux and Banter	A chance to catch up with colleagues and make new connections. With music and refreshments.