

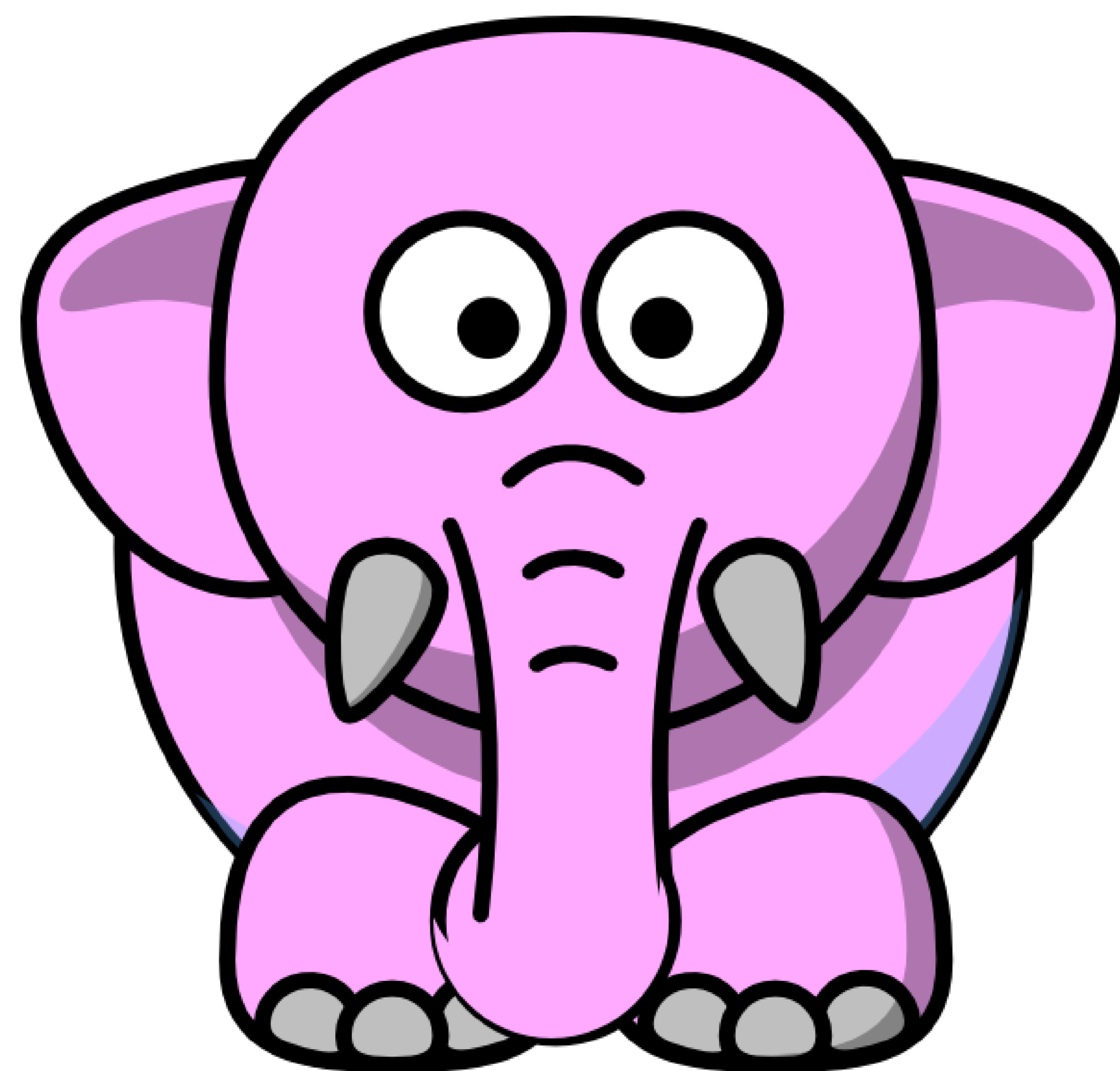
“Hang on..... I’ll go and get the Nurse.....Oh! Hang on, I AM the NURSE!”

Preparation for ‘real life’ – Reducing Death Anxiety in 3rd year Nursing Students

Communication around death and dying raises challenges for all Health Care Professionals. Student Nurses are often protected from these challenging and emotional conversations during their clinical placements.

WHAT WE DO.....

DISCUSS THE ELEPHANT IN THE ROOM !



WHAT STUDENT’S SAY.....

Death Cafes.....

- Planning a conversation menu
- Discussing death, dying and bereavement
- Euphemisms, death taboos, creating compassionate communities
- Sharing Experiences



End of Life Clinical Simulation Exercise

- Scenario
- Role play by Specialist Practitioners
- Small groups
- Use of ‘time-outs’ & real time feedback/feedforward
- Opportunity to ‘practice’
- Safe environment

Before I Die..... walls

- Encouraging students to think of their aspirations and what is important to them.
- Considering patients wishes and hopes



Taught Theoretical Module

- Advance Care Planning
- Timings and Triggers
- Tools and frameworks
- Loss, Grief and Bereavement
- Community focus

“Feel more confident in dealing with death, dying and what to say to difficult questions”

“Found the sessions a valuable learning experience and will take so much from them into my future practice”

“Good to ‘practice’ challenging conversations in a safe environment”