












noda

When there's no-one else, there's noda.

We are a group of compassionate volunteers who sit with people who are dying and also support those with families by offering companionship and a break.

With our wonderful team of compassionate companions our aims are to:

-  **Provide TLC end of life training.**
-  **1 to 1 support from moment of diagnosis.**
-  **Vigiling service for final hours.**
-  **Bereavement counselling.**
-  **Support for after the last breath including keeping your loved one at home.**
-  **Wellbeing support including drumming for health.**
-  **Regular health walks.**
-  **Campaigning for change.**
-  **Sandy's toolbox**

Would you like to make a referral? Anyone can do so.

All volunteers are trained in the stages of dying and work from the heart. Many can also offer gentle holistic therapies where appropriate. We have volunteers in Arran and are always recruiting new volunteers. Check out our website for details of our services and other ways to support us such as joining our lottery.

Call now on

07393 498 763

07858 151 969

www.nodaa.org.uk

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